# GULF DEFENDER



Vol. 65, No. 20

Tyndall Air Force Base, Fla. Home of Air Dominance Training

May 19, 2006

## In brief

### \$4 million scholarship

Military spouses and children have a chance to apply for monies from a \$4 million college, vocational and technical school scholarship fund in advance of the May 30 application deadline through ThanksUSA, in partnership with CinCHouse.com, Operation Homefront and a sponsorship by Militaryconnection.com.

Information and applications for the scholarships can be found www.ThanksUSA.org.

### **AFROTC** training

Air Force ROTC cadets arrived at Tyndall Wednesday and will be training here until July 20. Expect to see cadets at the Fitness Center and the Dining Facility. When you see cadets, slow vehicle speed to 5 mph.

#### Do not feed the bears

Bear sightings have become more frequent in base housing due to people feeding them. When this happens, bears will lose fear of humans. Bears may have to be exterminated if they become too bold. To protect the bears, do not feed them.

## What's inside

TRICARE changes explained

... PAGE 4

Schoolhouse trains AF crew chiefs, leaders

... PAGE 10-11



## Locking and loading

Staff Sgt. David Trosper, 493rd Aircraft Maintenace Unit weapons load team chief from Royal Air Force Lakenheath, England, moves an AIM-7M Sparrow missile into position on a weapons loader during a weapon systems evaluation here May 9. The evaluation provides pilots, maintainers and weapons loaders experience with combat-ready weapons.

## Safety Day kicks off 'critical days'

MASTER SGT. MARY MCHALE

325th Fighter Wing Public Affairs

Safety Day 2006, featuring a variety of competitions, demonstrations, displays, music and food, will be held at Heritage Park May 26 from 7:30 a.m. to approximately 2

"This annual event is held primarily to raise everyone's safety awareness as we kick off the 101 Critical Days of Summer," said Master Sgt. Edward Best, ground safety

superintendent. "This year, our ter Sgt. Edward Best at 283goal was to make it more robust, with more activities. While we want to stress safety, we want to have fun as well."

Kicking off the event will be the 2006 Firefighter Combat Challenge, where four-man teams will compete in a variety of fireman-related activities to include a bucket brigade, dummy carry and rescue maze. Teams interested in signing up for the challenge should contact Michael Newbury at 283-4777 or Mas4231. Another competition will be the Eagles vs. Chiefs softball game.

Additionally, several organizations from on and off base will have displays and demonstrations. Among organizations from Tyndall, there will be Airmen Against Drunk Driving, Life Skills, and the Health and Wellness Center. From Bay County, various law enforcement organizations will offer traffic safety information, from field sobriety test procedures to traffic safety information. The Panama City Coast Guard Auxiliary will also attend.

But Sergeant Best noted it's not just an event for military members.

"We want to invite the whole Tyndall community to this event, military, civilians and family members," he said. "There will even be a dunking booth. It's going to be a great time."

For the day's event schedule, see Page 8.

Page 2 Gulf Defender May 19, 2006



Tech. Sgt. Scott Brown

## **HUM-View**

Staff Sgt. Joseph Freiesleben, 325th Security Forces Squadron, briefs children from Leon County Elementary Schools about the high mobility multipurpose wheeled vehicle. Eight hundred students met with Tyndall Security Forces Friday during Leon County's "Kids and Cops" day. This was the first time the squadron participated in the annual event.

## Identify this...



Can you identify this object? If so, send an email editor@tyndall.af.mil with "Identify This" in the subject line. Three correct entries will be chosen at random and drawn from a hat to select the final winner. The prize can be claimed at the Public Affairs office. There were no winners for the May 12 issue. The item will be run again at a later date.

## ON THE STREET

## Students:

## What are you going to do during summer break?



"I'm going to Six Flags for the first time."

QUENTIN REESE
Tyndall Elementary 1st grade student



"I want to play at home with mom and dad."

Ko'NTE BROWN
Tyndall Elementary kindergarten student



"I'm having lots of sleepovers and jumping on the trampoline."

CASSIDY McLEAN
Tyndall Elementary kindergarten student



"I'm going to swim in my pool all day."

GAVIN GUIDRY
Pre-Kindergarten student

### **Gulf Defender Editorial Staff**

The Gulf Defender is published by the Panama City News Herald, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with Tyndall Air Force Base, Fla. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Gulf Defender are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Department of the Air Force.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the DOD, the Department of the Air Force or the *Panama City News Herald* of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the 325th Fighter Wing public affairs office. Photographs are U.S. Air Force photos unless otherwise noted.

The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

## Commentary

## Exemplary leadership qualities found in Risner

Col. Matthew Molloy

325th Operations Group Commander

What makes a great leader?

Pause for a moment and think of some of the leaders you really admire and the character qualities they possess that make them attractive to you. Rather than listing off good character traits, I'll tell you a couple of "war stories" about one of my favorite leader-heroes and we'll let his actions personify leadership.

Brig. Gen. Robbie Risner is right at the top of my hero list and it's not because he has the most coveted flying award named after him or that he has a 9-foot statue sculpted in his image at the Air Force Academy. A few years ago, I had the privilege of literally walking in the general's footsteps when I commanded the 67th Fighter Squadron at Kadena Air Base, Japan. You see, this used to be his squadron back in 1965. Our walls were filled with his legacy and legend. Though General Risner's heroism as a prisoner of war is well known, few seem to know that he was also a valiant jet ace in the Korean War with eight confirmed MiG-15 kills.

My first leadership vignette begins after General Risner's sixth MiG kill, approximately 35 miles north of the Yalu River, as Risner and his wingman, Lieutenant Joe Logan were leaving the Chinese airspace, Lieutenant Logan caught flak from "triple A" which ruptured his fuel tank and hydraulic lines.

There was no way Joe was going to make it home.

Risner, however, quickly formulated a never-been-tried plan to get the crippled F-86 Sabre out of enemy airspace and



Brig. Gen. Robbie Risner

the defiant "Dragon Bridge" and was captured by the North Vietnamese. He was made a POW for over seven years and led the prisoners of the infamous "Hanoi Hilton."

Here, Robbie Risner took charge as one of the prison camp's senior officers and led his fellow prisoners through the daily struggle for survival and provided them with the highest example of moral and physical courage. He taught them to never lose hope and never despair of not returning home alive.

His message was basic: "...the things that sustained me to the greatest extent were my faith in God, the American people, my Commander-in-Chief, my fellow POWs, and my wonderful wife."

General Risner is best known for organizing a forbidden church service at

the camp. While he was led off to be punished for it by the guards, the other 46 prisoners rose and sang The Star-Spangled Banner. He was held in solitary confinement for 4 1/2 years. Robbie Risner's personal valor, loyalty, adherence to the Code of Conduct, and faith in God and country became rallying points for his fellow prisoners and an inspiration for all Americans.

General Risner's personal example is a clear testament that true leaders are fueled by their love and devotion to core values—they will do the right thing for no other reason than it is the right thing to do—integrity. Because they do this, their focus is clear; they're fully dedicated to caring for their fellow Airmen

General Risner was also adamant that, "We were a team and would without hesitation do anything to help another POW.

Yes, indeed, TRUST is the glue that bound us together whether over the skies of North Vietnam or in the Hanoi Hilton or in our squadron ready rooms." TRUST

So there you have it: Courage in the face of uncertainty and danger, faith, character and integrity, taking care of others, and trustworthiness.

Does it sound like familiar words used to describe your favorite leader?

I'll bet so.

By the way, the statue of Risner is 9 feet tall because he said that when he heard the prisoners singing while he was led away after the church service: "I felt like I was 9 feet tall and could go bear-hunting with a switch."

into friendly territory. He directed that Lieutenant Logan shut down his motor moments before flameout and Risner then "pushed" his wingman—with the nose of his fighter wedged against the exhaust of Logan's jet. Indeed, Risner pushed Logan all the way over to the friendly island of Cho Do where Logan then successfully ejected. "I'll see you back at the base tonight" was the last thing Lieutenant Logan said before he bailed out. Tragically, Logan died during the water rescue when he became entangled in his risers and drowned.

General Risner continued his heroic career throughout the Vietnam War. He was first shot down in April of 1965 and rescued. However, my second leadership story actually begins five months later, when he was again shot down while on a strafing pass near

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response

or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

 Commissary
 283-4825

 Pass and I.D.
 283-4191

 Medical and Dental
 283-7515

MEO	283-2739
MPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
Legal	283-4681
Housing	283-2036
CDC	283-4747
Wing Safety	283-4231
Area Defense Counsel	283-2911
Finance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113
TT 1 0 1 1 1	

Thank you for helping me improve Tyndall and I look forward to hearing from you.



## New service dress prototypes pique interest

### **WASHINGTON (AFPN)**

— Based on feedback received during visits with Airmen across the Air Force, the Air Force Uniform Board is reviewing several concepts that Airmen have suggested regarding the appearance of the service dress uniform.

Some of the informal feedback about the current service dress includes Airmen wanting to revamp the service dress to look more military, like the other services. One senior airman said, "the current uniform resembles a cheesy business suit." Another staff sergeant said, "think world's most dominating air power, not CEO," and another described it as a "cheap leisure suit."

Other comments have suggested that the uniform needs to

reflect the Air Force's history more. On an Internet message board an Airman recently wrote, "I want to look good and be proud of my AF heritage." Another Airman wrote that the dress uniform pales in comparison to any of the other services. "We need something that distinguishes us as proud members of the U.S. military."

The Air Force began exploring these ideas by producing several prototypes that reflect a combination of ideas that have been gleaned from comments, suggestions and informal surveys conducted over the past several years.

A more formal survey soon will provide additional opportunities for Airmen to provide feedback and comments.

"We've been getting informal feedback on our current service dress uniform for several years, and what we consistently have heard from many Airmen is a desire for a more 'military,' and less 'corporate' look and feel, something more reflective of the Air Force's heritage, and its role as a professional military organization," said Brig. Gen. Robert Allardice, director of Airman development and sustainment, deputy chief of staff for manpower and personnel.

The Air Force will present options based on feedback received on possible service dress designs through the

uniform board process.



Staff Sgt. C. Todd Lopez

Brig. Gen. Robert Allardice and Senior Master Sgt. Dana Athnos show off prototypes of the Billy Mitchell heritage coat in the Pentagon on Monday, May 15, 2006.

May 19, 2006 Gulf Defender Page 5

## Congrats NCOA Grads

The following technical sergeants graduated from the NCO Academy

## **Distinguished Graduates**

Jason Baldwin 53rd TSS Jeffrey Findley 325th CES

## **Graduates**

**Devon Blackwell** 325th CPTS

**Douglas Dunson** 325th AMXS

Michael Edwards

325th ADS

Jody Forcha

Det 4, 372nd TRS

Jason Gall

325th AMXS

**Oswald Gammel** 

Det 2, 28th TS

Tonya Kerfien

325th ACS

John Kidd

325th AMXS

**Tory Lynch** 

325th AMXS

**Brian Magwood** 

325th AMXS

**Donna Moses** 

325th AMXS

Michelle Olson

114th MDG

**Danny Sellers** 

325th MOS

Page 6 Gulf Defender May 19, 2006

## Checkertail Salute

## Senior Airman Chad Sommers



Staff Sgt. Stacey Haga

Senior Airman Chad Sommers receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.

The Checkertail Clan salutes Airman Chad Sommers, 325th Comptroller Squadron. He reduced interest penalties by 56 percent, shattering an Air Force goal. His thorough invoice follow-ups yielded \$60,000 in vendor discounts for the wing.

**Duty title:** Accounting Liaison Technician

**Time in Service:** 26 months **Hometown:** Tamaqua, PA

**Hobbies:** Relaxing on the beach, playing

and watching football. Go Irish!

Favorite book: "Flags of our Fathers"

Favorite movie: "Saving Private Ryan"

Favorite thing about Tyndall: The people

I work with and the beaches

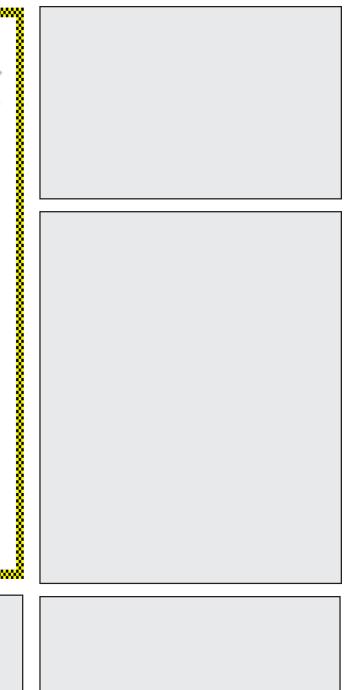
**Goals:** To obtain a master's degree and make staff sergeant on my first attempt

Pet Peeves: Laziness

Proudest moment in the military:

Completing basic training

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

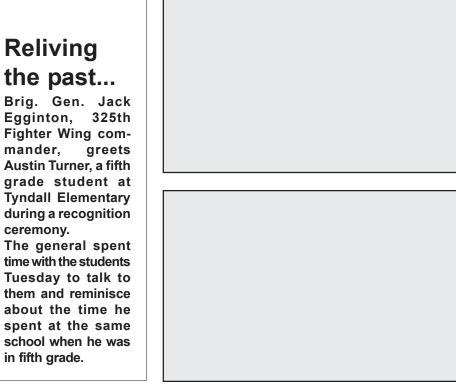


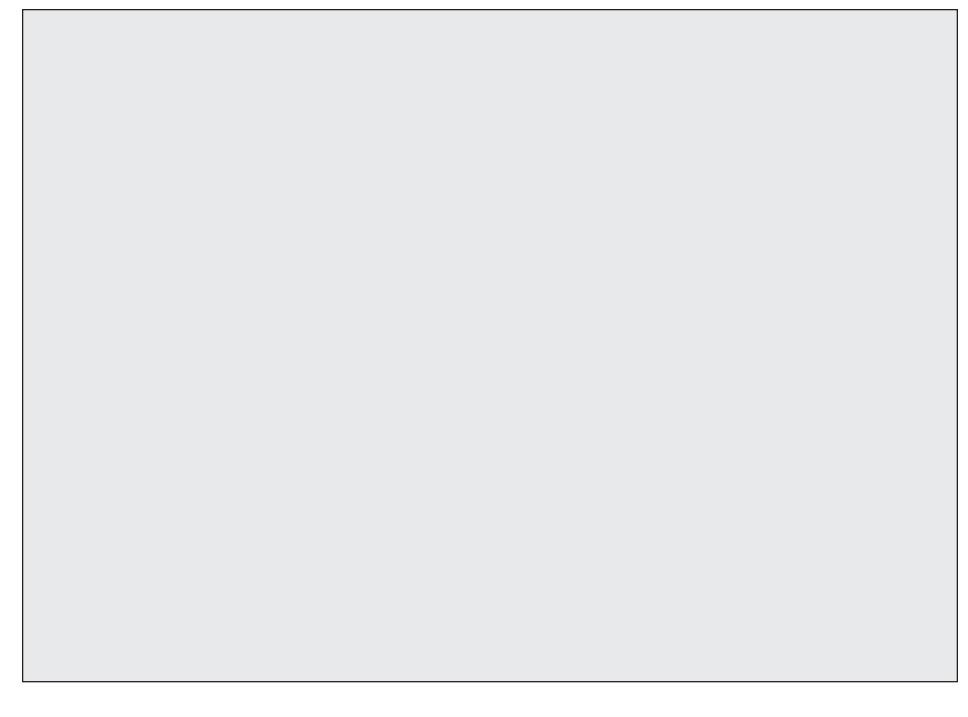
May 19, 2006 Page 7 **Gulf Defender** 



Fighter Wing commander, greets Austin Turner, a fifth grade student at **Tyndall Elementary** during a recognition ceremony.

time with the students Tuesday to talk to them and reminisce about the time he spent at the same school when he was





Page 8 Gulf Defender May 19, 2006



## Staff Sgt. Dorian Williams



2nd Lt. Amanda Ferre

Staff Sgt. Dorian Williams receives the Associate Spotlight award from Maj. Ann Birchard, 823rd RED HORSE Squadron/Detachment 1 commander.

The Checkertail Clan salutes Sergeant Williams, 823rd RED HORSE Squadron/Det. 1. He revamped the squadron decoration process, designed the new Silver Flag Exercise outbrief and monitored 65 government travel card accounts worth over \$400 thousand dollars.

**Duty title:** NCO in charge of information management **Time in Service:** 12 years **Hometown:** Savannah, Ga.

**Hobbies:** Sports

**Favorite book:** "The Autobiography of Malcolm X" with the assistance

of Alex Haley

Favorite movie: Scarface Favorite thing about your unit:

Most of the people

Goals: To continue to be the best

person I can

Proudest moment in the military: I have too many to name just one

The Associate Spotlight is a 325th Fighter Wing commander program designed to recognize a Warrior from one of Tyndall's tenant units. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate from the wing commander and other items presented by their unit.

## **Safety Day Schedule**

7:30 a.m. to 1 p.m. Firefighters Challenge

8 to 9:30 a.m.

Wing Flight Quarterly Safety Meeting

10 to 11:30 a.m.

Chiefs vs. Eagles Softball

1:15 p.m.

Announce winners of Firefighter's Combat Challenge

1:30 p.m.

Brig. Gen. Jack Egginton 325th Fighter Wing commander's remarks

## Communication is vital during a hurricane; know who to call



**Contingency phone number:** (877) 529-5540 — This toll-free number is used to disseminate critical information during contingencies such as hurricanes.

**Duty information number:** (800) 435-9941 — Use this toll-free number to recieve return-to-duty information and status of the base.

**Air Force Personnel Center:** (800) 435-9941 — A military member can call this number to report their location during the evacuation and receive further instructions.

## **Student Focus**

## PLAN program helps Mission Ready Airmen set goals

325th Fighter Wing Public Affairs

Every Mission Ready Airman arrives at the 372nd Training Squadron/Det. 4 expecting to receive world-class, hands-on F-15C Eagle crew-chief training. What many students do not expect however, is the enthusiasm, leadership training and career guidance provided by the maintenance instructors and detachment commander.

"Everyone came into the Air Force for different reasons," said 1st Lt. Christopher Reese, 372nd Training Squadron/Det. 4 commander, speaking to a new class of Mission Ready Airmen. "You have completed the initial phases of training successfully and now it's time to reflect on your reasons for joining the Air Force and set solid goals for your future."

The intense four-week course includes rigorous academics, F-15C aircraft familiarization and active flightline instruction where future crew chiefs learn the critical skills needed to launch and recover jets and conduct basic maintenance on operational fighter aircraft.

"Airmen focus on developing the technical skills they need in order to become experts in aircraft maintenance," said Lieutenant Reese. "But they also need to develop leadership, build confidence and take steps to set themselves up for success in the Air Force and in life."

Each incoming class of Mission Ready Airmen attends a "Newcomer's Brief' where they are welcomed by the commander and briefed on training standards and expectations. But the brief addresses more than the alcohol



Staff Sgt. Chad Williams, F-15 crew chief instructor, 372nd Training Squadron/Det. 4, instructs students, Airman Basic Kyle Loader, Airman First Class Joel Scott and Airman First Class Oscar Campos, about post-flight inspection procedures.

policy, dormitory rules and safety concerns; it spells out a philosophy intended to inspire Airmen.

"I developed the PLAN philosophy to emphasize the importance of setting goals," Lieutenant Reese said. "It's important to give yourself something to work towards in life."

Having direction and making good decisions is the cornerstone of the PLAN philosophy. Whether it's in social situations or in the classroom, mission ready airmen are encouraged to practice sound judgment and live-out the core values in their daily

#### Learn

Learning from your peers and analyzing the effectiveness of different leadership styles is also key.

Asking questions and continually pursuing an advanced education will not only make you more qualified for success, it will prove your commitment to creating a stronger "total package."

"I make sure every Airman understands that they have 100 percent tuition assistance benefits while they're in, and that it's too good of a deal not to enroll and pursue a degree," said the Lieutenant.

#### **Need goals**

"The final step in the PLAN philosophy is to set goals," said Lieutenant Reese. Having a purpose makes life more productive and more fulfilling," he said.

## Training Spotlight



AIRMAN BASIC VICENTE CALACE 372nd Training Squadron mission ready airman

How will teamwork and camaraderie make your experience in F-15 crew chief training a positive one?

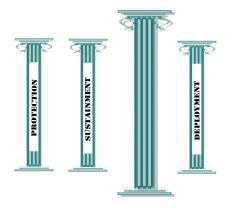
Paving familiar faces and friends from technical school here helps. Especially in a new environment, it's nice to have people willing to help each other out."



## **Questions about** career options?

Call Senior Master Sgt. Albert Lewis, 325th Fighter Wing career assistance advisor, for answers to retraining or specialduty questions at 283-2222.

## **FORCE TRAINING**



Page 10 **Gulf Defender** 

## Feat



Staff Sgt. Joshua Darting, F-15 crew chief instructor, explains a point about aircraft inspections as student, Airman Basic Vicente Calace, takes a look.

## 'Eagle teachers' provide initial,

MASTER SGT. MARY MCHALE

325th Fighter Wing Public Affairs

Their mission affects everyone from aircraft maintenance Airmen just beginning their careers to career Airmen in the field,

They are the staff of the 372nd Trainit is to train not only new aircraft maintainers, but to keep those already in the classroom environment." field current as well.

First, there are the Mission Ready Airmen, also known as green belts as they inspection procedures, how to service airwear fluorescent green reflective belts craft and how to launch and recover. during their training here. Brand new to the Air Force, the MRAs arrive at Tyndall classroom, and going out and getting fa-

after basic training and a stint at technical school at Sheppard AFB, Texas.

"Tyndall is where the Mission Ready Airmen will get their first taste of hands on training to become F-15 crew chiefs," said 1Lt. Christopher Reese, 372 nd TRS/ ing Squadron/Det. 4, whose responsibility Det. 4 commander. "Up to their arrival here, they've mainly been learning in a

> The Airmen spend approximately a month here learning pre- and post-flight

> "Two of the four weeks are basically

miliar with the aircraft up close and personal," he said. "The last two weeks they will be on the flightline covering aircraft launch and recovery procedures and actually doing some themselves. And that's a very big deal for them. I went out to the flightline with one class just to see the looks on their faces after their first real launch."

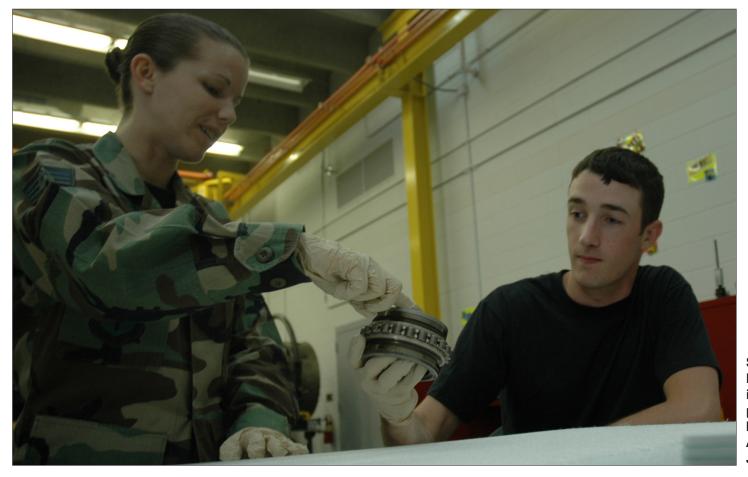
"I enjoy training in the hangar and being able to see different types of aircraft on the ramp," said Airman Dian Loader, 372nd TRS/DET 4 MRA. "And I'm looking forward to working on the flightline with running aircraft."

The lieutenant said another type of training the school does is Type IV training, which is provided primarily to host base maintainers and covers more advanced aircraft maintenance procedures.

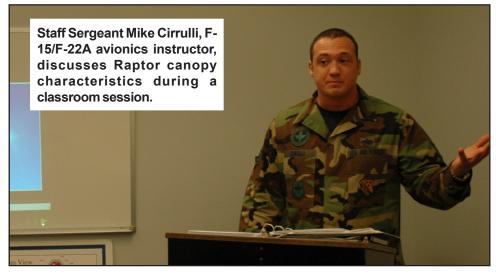
"The Type IV training course includes troubleshooting and more aircraft familiarization at a more advanced level," Lieutenant Reese said.

Courses included cover maintenance procedures for aircraft hydraulic systems, avionic instruments, weapons, ammo and engines. The lieutenant explained these courses usually have prerequisites and their students have a certain amount of flightline experience.





Staff Sergeant Misty Phipps, F-15 engine instructor, goes over parts of a jet engine bearing with student, Airman 1st Class Joshua Gast.





Raptor common course students familiarize themselves with the F-22A Raptor canopy using the trainer mock up.

## ongoing maintenance training

But the staff not only teaches procedures for the F-15 Eagle according to the lieutenant. Another aspect of their curriculum is courses for F-22 maintainers.

"Our staff of instructors worked closely with Boeing to develop the material for these courses," Lieutenant Reese said.

He added that another course they offer about the F-22 is the F-22 familiarization executive course, targeted primarily toward senior leadership officers and NCOs. Written by school instructors, the lieutenant explained the course, which lasts anywhere from four to five days, is designed around its audience and what they want to know.

"We find out prior their questions and concerns, then determine what they need and want to know and prepare accordingly," Lieutenant Reese said. "We stay flexible, if there's a lot of questions, we'll extend the course out."

Course instructors at the school serve four-year controlled tours and have to go through an interview process along with a records review.

"During the interview, I look at appearance, how they present themselves and ask why they want to become an instructor," said Senior Master Sergeant Douglas Johannes, detachment chief. He said

he also looks at enlisted performance reports, previous jobs and education level.

"We have to ensure we're receiving nothing but the best," Lieutenant Reese said. "We need top-quality instructors to ensure we're producing top-quality maintainers."

And according to students, that's what they're getting.

"The instructors' enthusiasm for the material makes the course fun," said Airman Loader. "It makes learning the material easier. And because the instructors are approachable and eager to answer my questions, I get more from the train-

ing."

Airman 1 st Class T.J. McLelland agreed. "The aspect of the course I like the best is the instructors' enthusiasm about the material."

"I try to transition Airmen from the technical school environment to the operational Air Force," said F-15 maintenance instructor Staff Sgt. Jake Bennett, who describes himself as approachable but stern. "It takes leadership; you have to be a constant mentor because the trainees are so close to entering the operational Air Force, they need to be prepared."

## **Briefs**

### **BX Memorial Day Hours**

Main store 10 a.m. to 5 p.m. Shoal Point 11 a.m. to 6 p.m. 10 a.m. to 5 p.m. Class Six 6 a.m. to 9 p.m. Felix Lake Anthony's 11 a.m. to 4 p.m. **GNC** 10 a.m. to 4:30 p.m. All other Army Air Force Exchange

facilities will be closed May 29.

#### GCCC closure

Gulf Coast Community College will be closed May 27-29 in observance of Memorial Day. The withdrawal deadline for Summer A semester is June 1. Tuition assistance forms will be available for Summer B as of today and the fees are due by June 9.

### **New Commissary hours**

Beginning June 6, the Commissary will be open from 9 a.m. until 7 p.m. Tuesdays for a six-month trial period to make sure the new hours are needed.

#### **PATROL**

Tyndall is one of two bases selected to participate in PATROL, a DoD and TRICARE sponsored alcohol research program. PATROL is the Program for Alcohol Training, Research and Online Learning. It includes a confidential program conducted by RTI International, an independent research firm. To participate, log on at: www.projectpatrol.org. The goal of the program is for Airmen to learn more about alcohol use among military personnel. All active-duty personnel are encouraged to participate - whether they drink or not.

### Get paid for shopping

Authorized customers may apply to become a "Mystery Shopper" via www.aafes.com. Shoppers are selected from a pool of applicants at each Exchange location and as appreciation for their time, "Mystery Shoppers" receive a \$30 Army Air Force Exchange Services gift certificate for each valid survey.

### TRICARE online registration

Tyndall's Family Practice is almost completely Web enabled with the Department of Defense's TRICARE

## Gulf Guide



Staff Sgt. Stacey Haga

## **Community Activity Center fun**

Pamela Garmon, Dely Pestana, Laura Stahl, Bobbie Peacock and Betty Shepherd play mahjongg Wednesday at the CAC. The game is based on a classic Chinese puzzle. The Community Center has new hours of operation Monday through Friday 8 a.m. to 9 p.m. They will now be closed Saturday and Sunday. The Community Center is in Building 1027 on Louisiana Ave. For more information, call 283-2495.

Online Internet medical portal. Beneficiaries can register for TRICARE online at www.tricareonline.com or call TRICARE customer service at 1-800-600-9332. Agents are available 24 hours a day to assist beneficiaries.

### OSC positions available

The Officers' Spouses' Club board is looking for chairpeople for the upcoming year. No experience is necessary, just a great attitude and the desire to work with a team. For more information, please contact LeAnne Daniel, ed.daniel@comcast.com or 230-0698.

### Thrift Shop position available

The Thrift Shop manager position will be available by June.

If you are interested in taking over this Tyndall Officers' Spouses' Club paid position, please contact the current manager, Donna Dickerson, at 286-5484.

### **Thrift Shop hours**

Consignments are 9:30 to 11:30 a.m. Wednesdays-Thursdays. The Thrift Shop is in Bldg. 743, across from the Post Office.

Personnel with PCS orders may consign 80 items, of which 40 may be in-season clothing. They can consign one time starting 60 days prior to departure to 60 days after arrival, by appointment. A copy of PCS orders is required. For more information, call 286-5888.

### AAFES 'You Made the Grade'

Qualifying students receive a coupon booklet that includes free admission to an AAFES Reel Time movie, a free magazine and a free slice of Anthony's pizza with drink, as well as other coupons.

Each booklet also contains an entry form for a quarterly savings bond drawing in which three winners are randomly awarded savings bonds in \$2,000, \$3,000 or \$5,000 denominations. To receive the booklet, students must present a valid military ID card and proof of an overall "B" or better average to their local PX/

Students may receive one "You Made the Grade" coupon package for every grade report they receive, but may enter the savings bond drawing only once per calendar quarter. For more information, call 286-5804.

### Suspicious activity?

Report suspicious activities to the 325th Security Forces at 283-2254 or Air Force Office of Special Investigations at 283-3261.



## Catholic services

Daily Mass, 11:30 a.m. Monday-Friday, Chapel Two Reconciliation, before Saturday Mass or by appointment Saturday Mass, 5 p.m., Chapel Two Sunday Mass, 9:30 a.m., Chapel Two Religious Education, 11 a.m., Bldg. 1476

### Protestant services

Traditional worship service, 9:30 a.m., Chapel One Contemporary worship service, 11 a.m., Chapel Two Wednesday Fellowship, 5 p.m., Chapel Two

(For more information on other services in the local area, call the Chaplain's office at 283-2925.)

## **Sports**

## How much can you bench?

Fitness center's annual bench press contest yields two winners Saturday



Photos by Isaac Gibson

Staff Sgt. Raymond Bryant, 325th Maintenance Squadron munitions standardization instructor, benched 450 pounds. He won the male competition. The bench press competition was held for May Fitness month.



2nd Lt. Candee Herbert, 325th Operations Support Squadron air traffic control student, won the female portion by benching 185 pounds.

## **Base Champions**

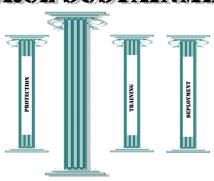


The 325th Maintenance Squadron is the base volleyball champion.



The 325th Operations Support Squadron is the base Soccer champion.

## **FORCE SUSTAINMENT**





## Fish tale...

Mark Schenavar holds up the 27 pound Cobia that took the first place prize in the 2006 Cobia Tournament held here recently by the Fishing Committee at Beacon Beach Marina. To take part in future fishing events, or for more information, call the Beacon Beach Marina at 283-8059.

## **Intramural Sports Standings**

## Softball

American Division						
Team	W	L	<u>Team</u>	W	L	
COMM	2	0	MSS	1	1	
SEADS	1	0	svs	0	0	
ACS	1	0	WEG	0	1	
AMXS	1	1	AMXS 3	0	1	
TEST	1	1	SFS	0	2	
83FWS	1	1	CONS	0	2	
National Division						
<u>Team</u>	W	L	Team	W	L	
CES	3	0	RHS	1	1	
MXS	2	0	ACS 2	0	1	
SEADS 2	1	0	AMXS 2	0	1	
OSS	1	0	MDG	0	1	
LRD	1	0	372 TRS	0	3	
<b>AFCESA</b>	1	1				

		Golf	
<u>Team</u>	<u>Points</u>	ACS	<b>Points</b>
CES	26.5	TEST	9
MSS	25	83FW	S 9
AFNOR 1	24	svs	8
COMM1	23.5	Team	6.5
<b>372ND TRS</b>	23	MXS '	1 6
53 WEG	20.5	SFS	6
RHS	18	CONS	4.5
<b>AFCESA</b>	15	601ST	2 4
601ST 1	14.5	MXS 2	2 3.5
MDG	13	COM	/1 2 3
MOS 1	11.5	AFNO	R 2 1.5
oss	10.5		

Page 14 Gulf Defender May 19, 2006

## Bio-enviromental clears up mold issue

STAFF SGT.

JERMAINE BARKSDALE

325th Aeromedical Dental Squadron

Mold season has arrived. The heat and humidity of summer provides an excellent environment for mold growth in the home and workplace. While exposure to mold does not result in adverse health effects for most, taking measures to prevent mold growth ensures a safe and healthy environment to live and work in.

"Mold, or mildew, is a description of fungi growing on surfaces or other materials," said 1st Lt. Scott Boyle, 325th Aeromedical Dental Squadron bioenvironmental engineer. "These fungi are found naturally in both indoor and outdoor environments, and can potentially thrive anywhere moisture and oxygen are present. While it's impossible to eliminate all mold growth from the indoor environment, it can be effectively controlled by taking preventative measures."

For mold prevention and eradication in the home, it's important to act quickly when water leaks and spills occur indoors. Excess moisture entering or gathering around the home can provide the perfect environment for mold colonies to grow. Keep airconditioning drip pans clean, drain lines clear and flowing. Avoid moisture build-up in the home by using bathroom and kitchen exhaust fans. If you find con-

## Tips to prevent mold

- · Quickly cleanup leaks and spills indoors
- · Keep air-conditioning drip pans clean and drain lines clear and flowing
- Use bathroom and kitchen exhaust fans
- · If you find condensation or moisture collecting on windows, walls or pipes, dry the surface as soon as possible

densation or moisture collecting on windows, walls or pipes, dry the surface as soon as possible.

"Increasing air circulation throughout the house can decrease moisture and subsequent mold growth," Lieutenant Boyle said. "And if mold is colonizing an area, it should be cleaned promptly with soap and water or a general household cleaner. Bleach is typically not necessary to clean up mold, but if used it should be diluted in water, never mixed with ammonia, and used in a well ventilated area."

"Those who observe mold and water damage in base housing should contact the housing office for an evaluation by the housing inspector and the bioenvironmental engineering flight," he said. "And those with mold concerns in other base facilities should report the situation to their facility manager."

The purpose of these evaluations is to identify and remove the source of mold growth, and in most cases, if visible mold is present, sampling is unnecessary. Microbial sampling and analysis has significant limitations and is not a

good predictor of indoor air-related health problems. Furthermore, there are currently no industry or legal standards for acceptable microbial concentrations in buildings.

The professionals in bioenvironmental engineering remind Tyndall residents that adverse health effects and severe illnesses from mold are rare, and in general, healthy individuals with normal immune systems have a very high resistance to mold spores. However, those who believe they are suffering from allergic reactions caused by mold should contact their primary health-care provider.

"The primary concern regarding mold is the aesthetic problems it creates," said Staff Sgt. Jermaine Barksdale, 325th ADS bioenvironmental engineering craftsman. "People are unhappy with the unsightly appearance of mold in their homes and offices."

Heat and humidity are ideal conditions for mold growth, but "by taking necessary precautions, we can maintain a clean and healthy indoor environment," said Lieutenant Boyle.

May 19, 2006 Gulf Defender Page 15



## Vehicle date stickers suspended

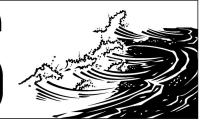
Air Education and Training Command officials announced May 1 that command installations will not enforce the year tab (AF Form 2219) vehicle decal requirement until further notice. See full story on AETC News Service at www.aetc.randolph.af.mil/pa/AETCNS/May2006/050206062.htm.

Courtesy graphic
ations will
e. See full
6062.htm.

Page 16 Gulf Defender May 19, 2006



# Funshine NEWS



www.325thservices.com

www.325thservices.com





Tyndall Beacon Beach Marina

Mandatory Safety Meeting June 15 at 6:30 p.m.

Tournament: June 16, 6:00 a.m. - June 18, Noon

Scales open: 5:00 to 8:00 p.m. - June 16 & 17

9:00 a.m. to Noon - June 18

Fish Fry open to public Sunday 11 a.m.

Awards starts at 1:00 p.m. on Sunday

June 15 - 18

Rain dates July 27-30. Call 283-3059 for details.





## Attention Team Tyndall: Place a *free* classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 30 words or less, of item being sold. Forms must be turned in by 2 p.m. Thursday for publication in the following Friday's Gulf Defender. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129, T yndall AFB, FL 32403, or faxed to 283-3225. Ads can also be sent in by e-mail to checkertailmarket@tyndall.af.mil.

Rank/Name

**Unit/Office Symbol** 

**Duty Phone** 

**Home Phone** 

Item description (One ad per form)

(30 words or less)

## We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf Defender better:

Did the front page grab your Yes □ No □ attention?

Do you feel there is a good mix of Yes ☐ No ☐ local, command and Air Force-level news?

Yes □ No □ □ Do the photos encourage you to

read accompanied articles?

Yes  $\square$  No  $\square$  Is the Gulf Defender easy to read

What did you find most interesting in this week's paper?

If you could change one thing in the paper, what would it be?

Comments:

and follow?

**Gulf Defender** May 19, 2006 Page 17 Congratulations CCAF graduates The following Tyndall Airmen graduated from the Community College of the Air Force May 3 Staff Sgt. Christian Addison Master Sgt. Leslie Kerfien Tech. Sgt. Richard Bakewell **Staff Sgt. Donald King Tech. Sgt. Patrick Bannister** Tech. Sgt. Frank Mayer Tech. Sgt. Robert Barber Staff Sgt. Christopher Mcpherson Senior Airman Ryan Bauman Staff Sgt. Michael Miller Staff Sgt. Jake Bennett Tech. Sgt. Jennifer Mixon Staff Sgt. Kenneth Benson Staff Sgt. Damon Montagano Tech. Sgt. Eric Bias **Staff Sgt. Jason Moseley** Staff Sgt. Peetra Campbell Staff Sgt. Jason Nygren Staff Sgt. Michael Cirulli Staff Sgt. Richard Outenreath Staff Sgt. Michelle Clements Master Sgt. Steven Owens **Staff Sgt. Natalia Cobbins Staff Sgt. Steven Peeterse** Staff Sgt. Carlos Colon Otero **Staff Sgt. Misty Phipps** Staff Sgt. Joseph Culberson Staff Sgt. Thomas Poplin Tech. Sgt. Matthew Dahlin Staff Sgt. Brandon Rachau **Senior Airman Hal Richins** Staff Sgt. Joshua Darting Staff Sgt. Ruben Davila Staff Sgt. Julia Rivera Arboleda Senior Airman Martha Dunning Staff Sgt. William Rogers Senior Airman Theresa Edmiston Master Sgt. Gerald Showers Jr. Tech. Sgt. Milton Slade Jr. Master Sgt. Jon Ellis **Staff Sgt. Machellia Fields** Staff Sgt. Christopher Smith Tech. Sgt. Daniel Flanagan Tech. Sgt. Victor Snyder Staff Sgt. Lisa Gamble Staff Sgt. Tiffany Starling Master Sgt. Brian Stricker Jr. Senior Airman Beau Haertling Staff Sgt. Adam Harger Senior Airman Ronald Striggles Staff Sgt. Michael Hensley Senior Airman Lauren Tullus Staff Sgt. Scott Hepburn Tech. Sgt. Robert Vaden **Staff Sgt. Angelique Hernandez** Staff Sgt. Jeffrey Wharton Staff Sgt. Jason Jenkins Staff Sgt. Jacinta Wilder Senior Master Sgt. Paul Williams Staff Sgt. Michael Kell

Page 18	Gulf Defender	May 19, 2006

